*********REMINDER*******

THERE WILL BE AN INPROCESSING BRIEF & PATCH CEREMONY ON FRIDAY. BLDG. 244 (3RD FLOOR CLASSROOM) AT 1400 WITH 2CR COMMAND REPRESENTATIVES.

*****THIS IS MANDATORY****



Welcome to Germany and the 2d Cavalry Regiment!

Welcome to Bavaria, Germany and the 2d Cavalry Regiment! Moving overseas can be overwhelming and leave you with many questions, but there are many resources available to help you. To start, check out the following links:

https://home.army.mil/bavaria/index.php/my-bavaria/newcomers

https://www.2cr.army.mil

https://facebook.com/2ndCavalryRegiment

https://www.Bavaria.army.mil

If you have any questions or concerns, please contact the Welcome Committee at 2CRWelcomeCommittee@gmail.com or the Sponsorship Coordinator at kimberly.r.harris.civ@mail.mil. You can also contact the SFRSA at deborah.a.herald.civ@mail.mil.

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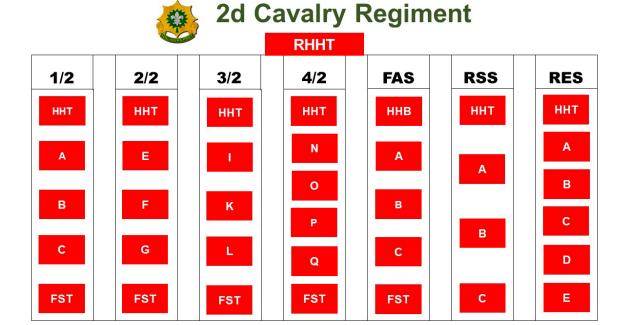
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Welcome to the 2d Cavalry Regiment!

The 2d Cavalry Regiment (2CR) has a long history and can trace its lineage back to 1836. 2CR has the distinction of being the oldest, continuously serving Cavalry organization in the United States Army. The Motto is Toujours Pret, which is French for "Always Ready." Remember your Regiment and follow your officers. The 4,700 Soldiers of 2CR are called Dragoons. This term comes from the history of mounted infantry, who used horses for mobility but fought dismounted on foot. The 2d Cavalry Regiment consists of seven Squadron and each Squadron has several Troops. Below is a visual of how the Regiment is organized with each Squadrons and all Troops. They each serve a different purpose:

1/2, 2/2, & 3/2 = Infantry Squadrons

4/2 = Cavalry Scouts

FAS = Artillery

RSS = Support

RES = Engineers



MEDICAL INFORMATION

Who do I call if we need a doctor?

For emergency care, the nearest hospitals are in Amberg, Sulzbach-Rosenberg (no kinder clinic) and Weiden. For routine care, you will see your Primary Care Manager. There are clinics located on both Rose and Tower Barracks. You can also contact the Tele-health Line 24 hours a day for advice on treatment.

Klinikum Weiden (Hospital with ER)

Soellner-Str. 16 92637 Weiden 0961-3030

Klinikum Amberg (Hospital with ER)

Mariahilfbergweg 7 92224 Amberg 096621-3800

St. Anna Krankenhaus (Hospital)

Krankenhaus-Str. 16 92237 Sulzbach Rosenberg 09661-5200

Nurse Advice Line

0800-4759-2330

Suicide Prevention Hotline

09662-83-118

Patient Liaison

A patient liaison is a person assigned to you in case you end up in the hospital. They speak both English and German and can help solve any language barrier or other issue you might have at the hospital. 09662-83-3502 / afterhours: 09662-83-3398

Behavioral Health Rose Barracks

DSN: 590-2300

CIV: 06371-9464-2300

Behavioral Health Tower Barracks

Bldg. 316

Tue-Fri 0730 – 1630 DSN: 590-3000

CIV: 06371-9464-3000

Sexual Assault Hotline

24 Hours / 7 days a week

DSN: 475-4567 CIV: 09641-83-4567

	Grafenwöhr	Vilseck
Ambulance	09641-83-116	09662-83-116
Police	09641-83-114	09662-83-114
Fire	09641-83-117	09662-83-117



Cell Phones/Internet

TKS and Telekom (T-Mobile) are the most commonly used providers. Mobile phone "pay as you go" and contract options are available through both providers as well as internet and home phone options. Many people choose the traditional contract option, but please note that German cell phone contracts are much more difficult to get out of than in the U.S.

You can use the same phone as the one you had in the U.S., but you have to contact your service provider (Sprint, Verizon, etc.) and have them unlock the phone. Then you can use your new SIM card from your German provider.

TKS is in the Tower Barracks and Rose Barracks PX. Telekom has locations outside gate 1 of Tower Barracks and in Vilseck.

What are some good phone apps to use?

There are too many to list, but some popular ones include: Bahn, Google Translate, ooVoo, WhatsApp, Skype, MagicJack, ViaMichelin, TripAdvisor, Mango (language tutor, get your free subscription with your post library card).

Pro Tip: How to dial a phone number

The country code for Germany is +49. If you are dialing to a German phone number from the US (or any other country), it's +49 123-45678901.

If you are dialing a German phone number from another German phone number, you drop the +49 and replace it with a zero. So, 0123-45678901.

Also, in Germany, phone numbers can be of different lengths, not the standard 10 numbers like in the US. So don't get confused if you see a phone number that's only 6 digits long! To dial to the US from a German phone number (or any other country), it's +01 (area code) -seven-digit-number. So, +01 123-456-7890.



Getting Around/Vehicles

I just got here. How do I get around both posts?

There are free shuttle buses that travel all around both posts. You can pick up a bus schedule from any ACS; it's also posted at every bus stop. Or, with a CAC, you can view it online at:

https://home.army.mil/bavaria/index.php/my-bavaria/Services/transportation

That same link has the numbers of many taxis around that can travel on and off post for a fee. You can also rent a car either from on-post (Enterprise) or off-post – some companies around here are Hertz and Sixt. Renting a car comes at your own expense and is not reimbursable.

Can I rent a car?

You are able to rent a car once you get your USAREUR driver's license. Enterprise has a location on Tower Barracks as well as Rose Barracks in the PX. There are also multiple off-post rental car agencies like Hertz and Sixt. To drive outside of Germany, you must have an international driver's license in addition to your USAREUR license. **Don't forget to go by Customs (or the MP Station after 1800) to get a temporary gasoline rations card for your rental car!**

I shipped by car over. Where do I go to pick up my car when it arrives?

Pay attention to the tracking number you were given. The status will update when the vehicle arrives at the Bremerhaven port, when it's being shipped to Graf, and when it's arrived. When it says it arrived, go ahead and call the Vehicle Processing Center office to confirm it's arrived and you can pick it up. There are several documents you need to bring to pick up your vehicle. The process is explained here: https://pcsmypov.com/PickUp

Getting Around/Vehicles (continued)

What do I have to do after I pick up my car?

You'll have to take your car through the inspection (free) and registration process. The whole process and all necessary documents are listed here, just click the situation that applies to you:

https://home.army.mil/bavaria/index.php/about/Directorates/DES/vehicleregistration

You will also need to get a Rations Card for fuel. You can do this at the Shopettes or PXs. As U.S. military, we are eligible to pay U.S. prices for fuel instead of expensive German prices, but you have to have a Rations Card (also called Esso Card). Each vehicle is allotted a certain amount of fuel per month at this price, but if you go over, you can always fill up off post. The only gas station ("Tankstelle" in German) off post that will accept your Rations Card is called Esso. You have to load money on your Esso card before the German Esso station will accept it. You don't have to do this if you're buying fuel on post. Esso Cards are only accepted at German Esso stations, not at other countries.

Are there any different requirements for my car in Germany?

Yes, at all times you must have the following in your vehicle in Germany:

First Aid Kit (DIN 13164) Warning Triangle Reflective Vest (for all passengers)

Depending on the season, you are required to have winter or summer tires on your car. The official change-out dates are October to April for winter tires. You can also get "all season" tires, but they must meet the German standard.

Where can I buy a car around here?

There's a "Lemon Lot" in Tower Barracks by Bldg 607, next to the PX where people park their cars to be sold. There are also dealerships located both on and off post. You can buy a German-spec car, but keep in mind it can be quite costly to alter the German-spec car to U.S. specifications if you want to ship it back to the U.S. Most German-spec car owners sell their car before they PCS again.

Where should I go for car maintenance and repairs?

There's a Car Care Center on Tower Barracks that can help. Both posts also have an Auto Skills Center where you can do some work yourself with a bit of help. Otherwise, there are several off post car mechanics in the area – don't forget to bring a VAT form! **Purchase oil/oil filters from the PX and bring to mechanic to save \$\$\$**

Getting Around/Vehicles (continued)

What if I want to travel outside of Germany?

You have to have your tourist passport, international driver's license and your USAREUR license. Each country also has its own requirements of what you have to keep in your car. Some countries like Czechia require vignettes (a sticker for toll roads). Do your research on international requirements. Websites like www.viamichelin.com and www.viamichelin.com and www.adac.com are very helpful.

Do I need an international insurance for my car?

Yes. Most military-friendly businesses like USAA and Navy Federal Credit Union offer insurance overseas. Some people choose to have a German insurance company like Allianz or Mirascon. ADAC (sort of like AAA in the U.S.) offers insurance packages to add onto your regular car insurance.

Mail

Each Soldier gets an overseas APO address offered by the United States Postal Service (USPS) where you can receive mail within the US system. There's a post office on post that has a box for every Soldier where you can collect your mail. Your APO address will look like this:

Tower Barracks
CMR415 Box
APO, AE 09114
USA

Shopping

Do I need to have cash everywhere? Where can I get cash?

Yes, Germany in general is a "cash-based" economy. It is a good idea to always have Euros on hand. Many smaller bakeries and stores will not accept US bank cards. When purchasing items on post, at the PX or Commissary, prices and purchases are in dollars. Very few places off post will accept dollars; if they do, the conversion rate usually isn't in your favor. There are several ATM machines on post. At most ATMs you can withdraw dollars and Euro. Most places you will have to pay to use the restroom.

You can also open an account with one of the two German banks on post: Service Credit Union https://servicecu.org/ and Community Bank https://www.dodcommunitybank.com/home/locations/germany





What is a VAT form?

The Value Added Tax (VAT) for purchases in Germany is between 8-19% and is automatically included in the price of products and some services (i.e. auto care). From the Tax Relief Office, off Gettysburg, you can purchase VAT forms to use at the time of purchase to save the tax. Not all stores accept them; ask prior to making your purchase. As a newcomer, you can purchase a set of 10 forms for \$40. Thereafter, VAT forms cost \$5. The whole process for using the forms will be explained when you purchase. For the location and hours of the VAT office, check out the "Tax Relief Office" part of the Garrison phonebook site: https://grafenwoehr.armymwr.com/programs/value-added-tax-vat

Traveling



How do I get my USAREUR driver's license?

If you already have a valid stateside license, you can take a class in person followed by the test or you can take the online class to get your USAREUR license. To do the online version, use the link below. You will need to set up a JKO account for your spouse to take the online class.

Training Course (USA-007)

Final Course exam (USA-007-B)

https://jkodirect.jten.mil/Atlas2/page/coi/externalCourseAccess.jsf?v=1533566708 475&course_prefix=USA&course_number=-007

Do I need a travel Passport?

If you plan to travel outside of Germany, yes; you need to apply for a travel passport for all dependents regardless of age. There is a Passport Office in building 244 on Tower Barracks that can assist you with the requirements. The cost for travel passports is your own. If you plan to travel within Germany and not leave the borders, then your government-issued "no fee" Passport with the SOFA stamp will work.

How can I make an appointment to get a Passport?

The best way to make an appointment is to email the office directly. Sometimes they may not be able to answer the phones because they are busy processing passport applications. They will usually get back to you in a timely manner by email to answer questions and make appointments. Their email is: usarmy.bavaria.imcom-europe.mbx.dhr-mpd-passports@mail.mil



Traveling (continued)

Do I need an international driver's license?

With your USAREUR driver's license, you can drive anywhere in Germany. If you plan to drive outside of Germany, you need an International Driver's License in addition to your USAREUR license. The license office on post can provide a map of locations in both Eschenbach and Amberg to get an International Driver's License. You do not have to take another test. You need to bring one passport photo (remember: you can't smile in these photos!), ID card, USAREUR driver's license and &20.

Here's where you can get it, based off your CMR address:

If you have a CMR 411 address

Location/Hours: Beethovenstrasse 7, 92224 Amberg/Mon, Tues, Thurs 0800-1600,

Wed - Fri 0900- 1200 Phone: 09621-39840

If you have a CMR 415 address

Location/Hours: Karlsplatz 29, 92676 Eschenbach/Mon - Fri 0800-1130

Tues - Thurs 1400-1530 Phone: 09602-79-3380

Where is the closest train station?

For travel around Germany, and even outside Germany, consider touring by train. There are 5 train stops within 25 minutes of either Rose Barracks or Tower Barracks (Pressath, Freihung, Vilseck, Amberg, and Weiden). The Vilseck, Amberg and Weiden train stations has friendly English-speaking ticket agents who are happy to help plan your train trip. Their office hours will be listed on their website: www.bahn.com. The other two stations only provide a kiosk for train ticket purchases. At most kiosk locations you are able to change the language to English. If you're not familiar with train systems, definitely stop by the Vilseck

train station office and speak with one of their friendly ticket agents. There are lots of deals that aren't listed on the site that they can help you with, specifically the "Servus" and "Bayern" tickets. The prices listed on the www.bahn.com can sometimes be much, much less when you use one of these tickets!

Traveling (continued)

What are the best options for finding cheap flights?

For leisure travel, there is an on-post travel office called SATO. Their office is in Tower Barracks, building 244, and they can assist with any leisure travel plans such as plane tickets, cruises, hotels, etc. If traveling to the US, Space Available seats may be an inexpensive option. Check out the Space Available Facebook page for more details on the process for using Space A travel. Also check out the Facebook page for US Flights24.

Both USDTravel.com and ABCTravel.com are worth checking out as they offer military discounts to both the soldiers and immediate family members.

Where can I get help planning trips?

There are many different travel agencies that can help you plan trips like SATO, USDTravel, ABCTravel and ADAC. Check out the Facebook page for Explore Europe. They offer affordable trips by bus and plane.



German Culture



Where can I learn German?

ACS offers German language classes. Contact ACS for a schedule and to sign up for the next six week series. It is free! You can also sign up for a library card and get Mango for free online. The local Volkshochschule (VHS – sort of like the YMCA) offers German classes, as well, for a fee. While many Germans speak some English, learning a little German will go a long way in being welcomed by your host nation.

Do I really have to pay for using the restroom?

In Europe, paying for the use of a restroom (WC) is common. When dining at a restaurant, use of the WC is typically free. When traveling on the Autobahn, most rest areas have clean bathrooms that cost between 40-70 cents to use. Hang on to your tickets because sometimes you can use your tickets as a credit toward a purchase in the attached restaurant/convenience store.

Can I really drive as fast as I want on the autobahn?

Yes! Some stretches of the Autobahn do have speed limitations, mostly near big cities with lots of exits and by construction. Otherwise, it's up to you! **STAY SAFE & NEVER DRINK & DRIVE!!!**

Restaurants in the Area (off post)

Angus Steakhouse

Kuermreuther Str. 57, 92249 Vilseck, Bavaria 09662 7013956 Steakhouse-German Restaurant (Facebook Page Available)

Gastof Hammer

Vorstadt 1, 92249, Vilseck, Bavaria 09662 41210 German, European, central European (Vegetarian Friendly) Gastof-hammer.de

Alexander Griechiches Restaurant

Marktplatz 32, 92249 Vilseck, Bavaria 09662 702181 Mediterranean, Greek, European (Facebook Page Available)

Angelo's Soul Food

Bahnhofstr 26, 92249 Vilseck, Bavaria angelo@angelossoulfood-vilseck.com American

Regiment/Squadron Contact Information

2d Cavalry Regiment

Staff Duty 09662-83-5035/476-5035 Chaplain 09662-83-5616/476-5616 Sponsorship Coordinator 314-599-0018/599-0018 (email: kimberly.r.harris.civ@mail.mil)

1st Squadron Contact Information

Staff Duty 09662-83-5501/476-5228 Chaplain 09662-83-5219/476-5219

2nd Squadron Contact Information

Staff Duty 09662-83-5501/476-5501 Chaplain 09662-83-5511 476-5511

3rd Squadron Contact Information

Satff Duty 09662-83-5120/476-5120 Chaplain 09662-83-5128 476-5128

4th Squadron Contact Information

Staff Duty 09662-83-5301/476-5301 Chaplain 09662-83-5332/476-5332

Field Artillery Squadron Contact Information

Staff Duty 09662-83-5901/476-5901 Chaplain 09662-83-5853 476-5853

RSS Contact Information

Staff Duty 09662-83-5717 /476-5717 Chaplain 09662-83-5997/ 476-5997

RES Contact Information

Staff Duty 09641-83-5967 /475-5967 Chaplain 09641-83-9035/475-9053



In-Processing Brief

Every Friday

(If the Soldiers have that Friday off, then it moves to the following Friday) 1400-1500

Third Floor Classroom, Bldg. 244, Tower Barracks Children Welcome

Newcomer's Brief Learn about 2CR and opportunities for Soldiers and Families both on and off post.

Fourth Tuesday of the Month 1300 Rose Barracks Theatre, Bldg 354 Children Welcome

Have questions now?
Email the 2CR Welcome Committee at <u>2CRWelcomeCommittee@gmail.com</u> or the 2CR Sponsorship Coordinator at <u>kimberly.r.harris.civ@mail.mil</u>